

The West Virginia Department of Health and Human Resources, Bureau for Public Health (BPH) continues to respond to the novel coronavirus disease (COVID-19) in West Virginia. BPH is working closely with communities, state agencies, local and federal partners to monitor the ongoing risk of COVID-19 and ensure the health and protection of all individuals in West Virginia.

**This guidance is for individual singles matches only played on outdoor public or school tennis courts. No doubles, tournament, club or group matches are permitted. Individuals should heed any local ordinances that may have closed public recreation areas.**

### COMMON SYMPTOMS OF COVID-19

- Fever
- Cough
- Shortness of breath

### PERSON-TO-PERSON TRANSMISSION

- Occurs via small droplets from the nose or mouth of the infected person when they cough, sneeze, or exhale.
- Virus can remain on surfaces for a limited time period. Although likely less common, transmission may occur from touching contaminated surfaces and then touching your eyes, nose or mouth.

### GENERAL PREVENTION

- Learn about COVID-19 from reputable sources.
- Maintain physical distance of at least 6 feet between yourself and others.
- Encourage proper handwashing.
- Clean and sanitize surfaces often.
- Do not share food, drinks, etc.
- Wear cloth face coverings.
- Stay home if you feel sick.
- Isolate sick individuals.

### PARTICIPANT GUIDANCE

- Stay local and keep your visit short.
- Allow only players in the tennis court area.
- Maintain players separately; do not congregate.
- Do not share equipment or towels.
- Maintain social (physical) distancing.
- Keep bare hands away from your face and use a tissue or other disposable wipe if needed to remove sweat.

### PARTICIPANT GUIDANCE AFTER PLAY/MATCH

- Do not shake hands.
- Wash hands as soon as possible after match or use an alcohol-based hand sanitizer with at least 60% alcohol when soap and water are not available.
- Wipe down all equipment with disinfectant after play.
- Launder all items (clothing, towels, etc.) after returning home.
- Maintain social (physical) distancing.

### USE OF FACE MASKS/COVERINGS

- CDC recommends the use of simple cloth face mask or covering as a voluntary public health measure in public settings where other social distancing measures are difficult to maintain.
- Face masks/coverings are not necessary or appropriate during play; physical distance should be used instead.
- Launder reusable face masks/coverings before each daily use.
- CDC offers [additional information on the use of face masks/coverings](#), including instructions on how to make them.
- Individuals should be careful not to touch their eyes, nose, and mouth when removing face masks/coverings and wash hands immediately after removing.

**NOTE:** The face masks/coverings recommended by CDC are not surgical masks or N-95 respirators – items that should continue to be reserved for healthcare workers and other medical first responders, as recommended by CDC guidance.